

## Stewardship and Alignment

By Terry Johnson

### **Stewardship is letting our mind, body and spirit align with God's plan for us.**

Stewardship begins by getting our mind in alignment with God's plan for us. This process begins when we say "I believe." We start by studying the Scriptures to find out what Jesus' message is. The process is learning about receiving God's grace and sharing with others. We make decisions about how we want to live and serve God.

Stewardship is getting our body in alignment with God's plan for us. Getting our body in alignment with God's plan begins by asking some questions. How can I serve my church with my time, talents and resources? How can I help my neighbor? How can I serve others around the world? As our minds process these questions, God works through us, letting us know ways we can serve.

Stewardship is getting our spirit in alignment with God's plan for us. To do this we need to be in prayer. Part of prayer is adoration, praise and thanksgiving. Prayer is also a process where we ask God for guidance. We ask God to be with us each moment of each day. Our prayers also include the lonely, the sick, our neighbors, the church, our spiritual leaders (clergy and lay), and the rest of God's children in the wider world.

**When we let our mind, body, and spirit align with God's plan for us, stewardship happens.**